

NEWS2 Escalation Guidance for Families and Carers in Enfield

The NEWS2 score can be useful in supporting further assessment of someone when they are showing signs they may be unwell. Please note the **NEWS2 score should not be used alone to decide if someone needs review by a healthcare professional.**

When deciding next steps always consider:

- 1) The person's baseline NEWS2 score (*is this normal for them or a change in NEWS2?*)
- 2) Their health conditions and any care plans they have
- 3) Your intuitive feeling

NEWS2 SCORE	SUGGESTED ACTIONS (always consider the person's normal NEWS2 score and compare their current score to this)	OBSERVATIONS
0	<p>Observe - likely stable enough to remain at home</p> <p>Escalate to a healthcare professional if any concerns/gut feeling/soft signs of deterioration</p>	<p>Compare to baseline observations</p> <p>Do observations at least 12 hourly until no concerns</p>
1	<p>Escalate to a healthcare professional if concerns, otherwise take repeat observations within 6 hours</p> <p>If next observations remain elevated with no obvious cause, arrange for GP or learning disability nurse review within 24 hours</p> <p>If NEWS2 worsening, move to appropriate escalation point</p>	<p>Compare to baseline observations</p> <p>Repeat observations at least 6 hourly</p>
2	<p>Escalate to a healthcare professional if concerned, otherwise repeat observations within 2 hours</p> <p>If no improvement in NEWS2 or the same score within 2 hours seek telephone advice from GP/111/ learning disability nurse within 2 hours</p> <p>If NEWS2 is worsening, move to appropriate escalation point</p>	<p>Compare to baseline observations</p> <p>Repeat observations at least 2 hourly</p>

3 – 4 or Single observation 3	<p>Repeat observations within 30 minutes</p> <p>If repeat observations = NEWS2 score 3 or more, seek urgent telephone advice or face to face review within 2 hours from GP/learning disability nurse/111</p> <p>If NEWS2 is worsening, move to appropriate escalation point</p>	<p>Compare to baseline observations</p> <p>Repeat observations at least every 30 minutes</p>
5 - 6	<p>Immediate clinical review/advice required. Contact GP/111. Urgent transfer to hospital may be needed – be prepared</p>	<p>Compare to baseline observations</p> <p>Repeat observations every 15 minutes</p>
7+	<div style="border: 1px solid black; background-color: #ADD8E6; padding: 5px; margin-bottom: 5px; text-align: center;"> Admission to hospital should be in line with any appropriate, agreed and documented plan care plan </div> <p>Blue light 999 call with transfer to hospital, follow guidance of call handler</p>	<p>Continuous monitoring until transfer to hospital</p>

Adapted from RESTORE2. NCL CCG, May 2022, review May 2023

Contact details if escalation/support for enacting their care plan is required

Service	How to contact	Operating hours/days
Learning disability nursing team	0208 379 5075 (ask for the duty nurse)	9am-5pm, Mon-Fri
111	Dial 111	24hrs a day, 7 days a week

Insert GP details here (name of practice, phone number, opening hours) and any other specialist teams who are involved in their care